



Lake Worth High School Alumni News

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President's Message

Over the past six months, three words have surrounded the Lake Worth High School Alumni Foundation Board: How? Where? and What?

HOW?—*How do we continue to grow the alumni membership and reach out to eager alumni and friends of Lake Worth High School?* Signing up and being a dues paying member is always desirable, but we are also looking for individuals to actively assist at our fundraising events; becoming a leader by sharing their talents on the Board or committees; making a donation to help a teacher's special project; attend high school functions and cheer on our future alumni at sports events, concerts, plays, awards ceremonies to name a few venues. *Will you step up?*

WHERE?—*Where are you?* Have you moved? Changed your phone number? Did you get rid of your land line and now use a cellphone exclusively? Did you change your email address? Did you tell us? Please let us know any changes. Please email changes to Board Member Caryl Anderson:



Carol Childs Webster

CarylSAnderson@gmail.com.

We want to keep in contact with you so you know the exciting events taking place through your Alumni Foundation and our alma mater, Lake Worth High!

Thanks to Board Member Jessica Latour we have a newly created Facebook Page, Lake Worth High School Foundation. <https://m.facebook.com/lake-worthhighschoolalumni> If you are a Facebook user, please "like" us. In addition, we plan to send periodic email blasts to keep you informed of our news and events in a timely manner. Board Member Scott Curry continues to update our website with alumni,

school and reunion news. (www.lwbsalumni.org) We want you in the know, so please update your contact information and check out our Facebook Page and website. And...if you have news, let us know so we can get the word out.

WHAT?—*What, what, what!* We have been celebrating successes. Two new alumni members have joined our board, **Melisa Foronda** and **Rut Velazquez**. We are pleased to welcome them to the board and they are already tackling the "\$100 in Honor of 100 Years" Brick Project. Yes, you read that correctly, in a few years Lake Worth Community High School will celebrate ONE HUNDRED YEARS. Have you purchased a brick yet?—for you, your family, business, class, favorite teacher.

WHAT ELSE?—We had a fun and action packed Homecoming Weekend, Oct 26-28. Friday night we cheered on our Trojan football team and listened to the sounds of the mighty Trojan Sound Band and Color Guard with their fancy steps. Saturday the LW Dollars for Scholars Golf Tournament was held on a perfectly glorious Florida day at Palm Beach National. Sunday the Lake Worth Alumni Foundation hosted the members' luncheon meeting at Atlantis Country Club with musical selections provided by the Trojan Pride Chorus.

WHAT?...THERE'S MORE!—*Hope you are sitting down!* Trojan Sound Band Director **Tiffany Cox** was named a quarter finalist —1 in 188 in the Nation!!—in the Grammy Music Educator Award of 2019.

WHAT?...EVEN MORE? Trojan Pride Choral Director **John Witherspoon** has been named a semifinalists—in the top 25 in the Nation!!—for the Grammy Music Educator Award of 2019. We will wait to see if he makes the finals. If not, both Tiffany Cox and John Witherspoon are still WINNERS in our book!

ONE LAST WHAT!—Principal **Dr. Elvis Epps** announced at the luncheon that a new academy is going to be added to Lake Worth High School and it is going to be epic! Stay tuned for more on another success at Lake Worth High School.

Oh, what wonderful things are happening at Lake Worth High School!

Go Trojans!

—Carol Webster, President



Principal's Message

Good day, Lake Worth High School family and friends! I hope your week is off to a wonderful start. This school year is off to a fast start and I don't want another week to pass by without telling you how proud I am of you. We have achieved so much in the short time I have been your Principal. I know that we will achieve bigger and better goals soon. Let's continue to stay focused on the business at hand.

"We live in a world in which we need to share responsibility. It's easy to say 'It's not my child, not my community, not my world, not my problem'. Then there are those who see the need and respond. I consider those people my heroes."

—Mister Rogers

I want to share with you my three goals for this school year. I mentioned them in past meetings, but thought this would be a good time to share them again. *They are:*

1. **Increase student achievement**
 2. **Provide effective and relevant teacher professional development training and opportunities.**
 3. **Increase parent and community engagement**
- My vision for Lake Worth Community High School is to help create a learning environment where we are one of the top producers of successful students in the nation.**

Our students' state assessment results from last year have already proven that we can do great things when we work together as a team. Our overall gain increased by 64 points. Our secret: **TEAMWORK**. There is no substitute for hard work, commitment, and teamwork. My aim this year is to increase communication from my office to you and the community.

Monday, October 8th, is our kickoff date for the "We Care Food and Clothes Drive." We have roughly sixty students who are either homeless or are



Dr. Elvis Epps

in the state's foster care system. We want each of them to know how much we care about them by providing baskets of food for the Thanksgiving break. We are also asking the community to help provide gift cards worth \$5 or \$10. Each donation is tax deductible and will go to a deserving family.

Starting in November we will kick off our annual toy drive. We ask that you donate a new and unwrapped toy to the We Care Toy Drive at Lake Worth High School. If you have any question please contact Dr. Epps or Mrs. Tracy Bailey, Assistant Principal.

I want to thank everyone who came together to support our new band director, **Ms. Tiffany Cox** and her band members. **When she arrived last year we had roughly fifteen students in the band. Now, we are up to sixty students and growing!** This wouldn't have been possible without your support, love, and prayers. She is a true diamond in the rough and I am honored to have her on my team.

I invite all Lake Worth Community High School alumni to this year's Homecoming game on October 26. The game will start at 6 pm against John I. Leonard. Let's come out to support our We look forward to our annual game and class reunions.

In closing, thank you for being the best community support a school could ask for. I honestly believe we have the best community in all of Palm Beach. I wish you the best this year as we continue to work together for our students.

—Dr. Elvis Epps,
Principal

Lake Worth High School Alumni Foundation Board

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We Need Your Help. Please Respond!

We have discovered that much of our contact information is incorrect and our lists are outdated!

Please email Your Name, Current Address, Email Address, and Phone Number to:
CarylSAnderson@gmail.com

Thank You in Advance for Your Help.

LWHS Alumni Foundation Mission Statement

"Unite and assist alumni and friends of Lake Worth High School to provide grants and scholarships for the general benefit of the school and its students."

LWHS Alumni Foundation Membership Fees Due January 1st of Each Year

Single: \$25.00 | Business: \$100.00
Couples: \$40.00 | Lifetime: \$200.00*

*(Lifetime Membership / One Time Fee)

**You MUST pay your dues in order
to receive the Alumni newsletter.**

Please mail your payment with application to:

**Lake Worth High School
Alumni Foundation Office**

1701 Lake Worth Road • Lake Worth, Florida 33460



LWHS Class of 2000 Yields Two New Board Members

By Helen Gilmore

Rut Velazquez Joins LWHS Alumni Foundation Board

Rut Velazquez, Class of 2000, credits Lake Worth High School with helping her narrow her choices for her life's work and is happily working as an accountant in healthcare. She's currently a Supervisor at Praesum Healthcare and has been employed there as an accountant for four years. When she attended Lake Worth High School, Rut took the Medical Magnet Program all four years, while also studying in the Business program for three years. She liked both of them and was torn about what she wanted to study as a career when she eventually went to college. Rut's favorite subject while at LWHS was math; in fact, while still in high school, she studied math at

Palm Beach Community College. Ms. Villwock, her Counselor, was one of her favorites at LWHS. According to Rut, "She helped me a lot in my senior class, filling out scholarship information."

Rut attended Palm Beach Community College for two years, before moving on to Florida Atlantic University and earning a Bachelor's Degree in Business Administration, with a major in Accounting. She was recently elected a Board Member of Dollars for Scholars and the LWHS Alumni Foundation. She's excited about it, because she likes to "give back" and help students grow into their future. She plans to set up an endowed



scholarship in her name for students at Lake Worth High School. Rut was born in Puerto Rico and will return there soon on a vacation to see her grandmother.

Jessie Kemna Speakman, Class of 1984

By Helen Gilmore

Jessie Kemna Speakman, Class of '84, had this to say about how Lake Worth High School has impacted her life:

"The most important thing I took away from high school wasn't about academics but rather personal relationships. The support and encouragement of my teachers and good friends who believed in me enabled me to pursue my goals and dreams and allowed me to have greater confidence in myself."

Working part time from tenth grade until graduation—at Dunkin' Donuts, at John G's and at Dr. Richard Swanson's downtown Lake Worth dental office, you'd think she would not have had time for extracurricular activities. However, she was on the Homecoming Court all four years of high school and was elected Homecoming Queen in her senior year. In her junior year, she was on the Prom Committee, and in her junior and senior high school years Jessie was a member of the Spanish Club and a varsity cheerleader. Jessie said, "I really enjoyed cheer leading for pep rallies, football games and basketball games. I also liked my cheer leading coach, Miss Trezza."

Jessie's favorite subject was Spanish, and favorite teacher was Ms. Angela McKenna, who taught Spanish. Jessie commented, "She made learning Spanish fun!" According to Jessie, "I had taken Spanish throughout elementary school, kindergarten through sixth grade and then, again, ninth through 12th grade in high school. It has certainly helped me and both of my kids are following suit; it's fun to speak Spanish together." Upon graduation, she attended Palm Beach Community College in the Dental Assistant Program.



Later, she went to Palm Beach Atlantic and was a Psychology Major. She worked for Dr. Richard Swanson, the dentist mentioned earlier, for 10 years. After marriage she worked in Tampa for Dr. Kevin Franklin in the Manus Dental Group and for Dr. Kimberly Zizic, a dentist practicing in a suburb of Chicago in Libertyville, Illinois.

She met her husband, Branson Speakman, through a mutual friend; they were married in 1993. He is employed with Abbott Labs, a company that provides diagnostic equipment mainly for hospitals. Branson is the Area Director for the Southeast USA for Abbott; he has a home office. Due to his work, they have lived in multiple cities; they have been in Raleigh, North Carolina now for 15 years. That's the longest they've lived anywhere since they were married. Their daughter Madison is a sophomore at the University of North Carolina, and their son Caden, a high school senior, is going through the whole college application process; his passion is engineering. Soon Jessie will have an "empty nest," and she may go back to work. Jessie and her family come back to Palm Beach County every summer, and she maintains friendships with several high school friends, including Sue Shumate and Kara Wiren. She keeps in touch with lots of Lake Worth High School friends through social media. Jessie is a proud member of the LWHS Alumni Foundation!

Melisa Foronda—Salutatorian, Class of 2000 Joins LWHS Alumni Foundation and DFS Boards

Melisa, salutatorian for her Class of 2,000, is bringing her skills to the two Boards. Her advice for the current Lake Worth High School (LWHS) students? "Work hard, and don't give up; keep chasing your dreams...and then come back and pay it forward," she counsels. Melisa was a grateful recipient of a \$1,000 Dollars for Scholars scholarship, along with three other scholarships. Her favorite subjects have always been in the Math and Science fields, and Mr. DeWalt, her Math teacher was one of her favorites. After earning a Bachelor's degree in Health Science and a Master's degree in Public Health from the University of Florida, she started teaching Health Science to Lake Worth High

School students in grades nine through twelve. Later, she moved to Lanham, Maryland, where she worked for the last ten years on Federal Contract Administration specializing in Program Development and Project Management with the Bizzell Group. She moved back four years ago, and has been working remotely from her home. She's thankful for the typing class she took at Lake Worth High School.

She was very active when at LWHS, participating in all the activities that she could. She was Senior President of the Math Honor Society, Vice-President of the National Honor Society and a member of the Medical Honor Society. Melisa volunteered at the after-school pro-



gram in the church school near the high school, working with a variety of ages. She even was on a Bowling Team in her senior year. It's good that Melisa has agreed to bring her good ideas to the Board of Directors.



Mark Your Calendar!

Come, Enjoy and Support The **TROJAN PRIDE CHORUS** The **TROJAN SOUND BAND**, and Other Local Music Programs!

Winter Holiday Concert

December 4th, 2018 • 6:30 p.m.

St. Luke Catholic Church • 2892 South Congress Ave.
Palm Springs 33461 • Featuring all of our Choruses!

Concert is FREE TO THE PUBLIC!!!!

Lake Worth Holiday Extravaganza

December 7th, 2018 • 6:30 p.m.

At the Lake Worth High School Auditorium. Featuring the Music Programs of
Highland Elementary, South Grade Elementary, Lake Worth Middle School,
Lantana Middle School, and Lake Worth High School **FREE TO THE PUBLIC!!!!**



Alumni Luncheon with Pat Mieszczeni, Sally Fladd Hill, Karen Mostler, Ellen Stewart Kosher and Polly McFadden.

Sunday, October 28th Alumni Luncheon

Sunday, October 28th, the Lake Worth High School Alumni Foundation members met at the Atlantis Country Club for the second meeting and luncheon of the year.

After recognizing graduates from the 1940s to present day, President Carol Webster gave an update of alumni activities since the May meeting. Then, Board Member Melisa Foronda presented information on the Brick Project. She stated that in a few years, Lake Worth Community High School will be celebrating 100 years and this project will be ramped up to coincide with that

significant date.

Following Melisa's announcement, Lake Worth Dollars for Scholars President Dave Cantley gave a history of the founding and current activities of the Dollars for Scholars. He noted that more than \$1,000,000 in scholarships had been given to Lake Worth High School graduates.

Continuing with good news, Lake Worth High School Principal Dr. Elvis Epps spoke of a new academy which is in its infancy, but is expected to be a one of a kind program to elevate college bound needy students. This academy is being supported by a

generous community donor.

Following the lunch, the Trojan Pride Chorus led by Director John Weatherspoon performed several musical selections including the Lake Worth High School Alma Mater. The Chorus members joined the alumni members for lunch and had a chance to interact on an individual basis.

It was a lovely afternoon with fall decorations provided by Board Members Doris Dorsey and Carol Webster.

The next gathering will be Spring 2019. The date is yet to be determined.

A Few Words From Jane Jackson Seltzer

"Hi, my name is Jane Jackson Seltzer, LWHS 1966 graduate, and I'm extremely flattered to have been asked to share some of my life story."

By Jane Jackson Seltzer

To understand some of my work life I feel it is important to understand how two of the many talented teachers at LWHS—Mr. Harlan and Mr. Lusk the band director—directly influenced my approach to adulthood. Mr. Harlan had a philosophy which conveyed determining what things in your life/environment were important to you, and if you directed your life energies toward perusing those ideas and items, satisfaction could be attained. Mr. Lusk's message was often more subtle. It included (a) being responsible to something bigger, in this case the band; (b) being responsible to yourself and others; and (c) being proud of your efforts so those efforts would not diminish the whole. In real terms this meant group rehearsals all summer, after school rehearsals, one school night a week, and memorizing new routines and music for half time shows. In my case it also included being called at home one Wednesday night and asked why I wasn't at practice. I told the drum major that we were awaiting a hurricane. I was told not good enough. In about 15 minutes I was at rehearsal.

How did these lessons influence my life? Unbelievably so! I wasn't the best musician, smartest student, or the most outstanding employee, but I did know to show up and be responsible.

I started college 6 days after high school graduation and completed my BA at FSU in three years and then my masters in another year and a term also at FSU. I wound up working as a civilian for the US Army (not my first choice, but the best for me in the long run). My first job at 22, was at Natick Labs in Natick MA, as a management analyst. I had to get a dictionary to understand the words of the job description! It was a training position for a year.

The next year I transferred, with a promotion, to the Lexington-Blue Grass Army Depot in Lexington, KY. In that position among other things I analyzed and briefed the commander on how to establish its first alcohol and drug program and then executed the establish-



ment and management of the program. I was about 24.

At 26, I accepted a position in Germany to establish and manage a civilian alcohol and drug program for approximately one third of the Army's civilian population in the European theater. While still in Germany, I was promoted to the Alcohol and Drug Control Officer for one third of the US Army's military as well as civilian force in Germany, all of England and the BENELUX. I became the first civilian to hold such a position in the Army as well as obviously the first female, managing policies, assets, and budgets, for approximately 18 treatment facilities throughout my region. I was about 28.

After five years in Germany I transferred back to the US to run the alcohol and drug program for the US Army Missile Command at Redstone Arsenal in Huntsville, AL. This organization is now known as the US Army Aviation and Missile Command. Think about it, all the Army's missile and aircraft development, contracting and management originates in Huntsville Alabama!

After spending the first half of my career in the substance abuse education, identification and treatment, I made a career change to the Inspector General Office. This office conducts inspections for the commanding general, inquiries into regulatory issues, as well as, personal com-

Continued on page 7...



Bob Davis Auto Repair Golf Team at The Dollar For Scholars Golf Tournament at The Palm Beach National Golf Center.

17th Annual LW DFS Golf Tournament

By Meredith Abrams, Golf Tournament Chairperson

On Saturday, October 27th, many Lake Worth Trojan alumni, faculty, and friends of Lake Worth High School played golf to raise money for the Dollars for Scholars scholarship fund. It was a beautiful, breezy afternoon for a fund raiser for a great cause, held at Palm Beach National Golf Club. Lunch was provided by Dave's Last Resort and Aioli. The bucket truck, for the ball drop, was provided by The L. E. Meyers Company and facilitated by Phil Boyd. (Matty Rounds won the ball

drop and donated his portion, \$875, back to the organization.) Course beverages were provided by Brown Distributing, Tito's Handmade Vodka, Dave's Last Resort, and Halpert Air. Many business partners contributed to the raffle and silent auction, as well. Special thanks to Alan McPherson and CenterState Bank for their Silver Sponsorships. Additional thanks go to Board Members Gail Pagliarungo and Caryl Anderson who assisted from day one of planning and worked, tirelessly, for

months. And a huge round of applause for Pam Flanagan and her silent auction planning skills and event execution. WOW! Thanks to Carol Webster, Lake Worth High School Alumni Foundation President, for being our resident event photographer. Thank you to Doris Dorsey for opening her home up for the committee members to organize and assemble prizes. Please keep an eye on the Lake Worth DFS Facebook page for announcements regarding upcoming events and fund raisers.

LWHS Golf Tournament Boards Hold Get Together

A Get Together on Wednesday, October 17th was held at the Dorsey house to gather any Silent Auction and Raffles for the Tournament. Sandwiches, dips, and deserts were served.

The many items were given to Caryl Anderson, co chairman of the event to list along with Pam Flanagan who will be setting up the Silent Auction. A Big Thank you to all who participated!



Save the Date!
LWHS Class of 1967 Classmates
Will be Turning 70 Years Young in 2019,
So We Are Having a Birthday Party!
(FOR CLASSMATES ONLY)
Saturday, June 8, 2019
6p.m. to 10 p.m.
At the National Croquet Center
700 Florida Mango Road, WPB
(3.5 miles south of PBIA)
Cost \$55 pp includes:
Hors d'oeuvres, Plated Dinner, Dessert
(Beverages NOT Included)
Music Provided by our Classmate,
Barry Marsh
Instructions for registration coming January 2019...

Committee Members For Class of 1967:
Sandie Hurst, Chair • flsmiles@aol.com • (561) 758.4690
Barbara Singer • singer49@yahoo.com
Donna Korb Lovell • dtlovell@att.net
Michi Strohacker Banim • msbanim@gmail.com
Sandy Hoffman Stegall • steg8629@aol.com
Jeannie Lumert Burns • bjlumert@gmail.com
Cynthia Tibbs Rothell • cynthia@rothellelectric.com
If you haven't received our SAVE THE DATE via email yet, please send your email address to Sandie Hurst!

Cindy Fakhoury: Preparing Future Teachers at LWHS

"The beginning is the most important part of the work."

By Helen Gilmore

—Plato, Ancient Greek Philosopher

"I can relate to that," confirms Cindy Fakhoury, teacher of the Early Childhood Education Lab for Lake Worth High School students who want to teach young children. She adds, "The pre-school education years are the most important that set up future success for a long time to come—throughout the children's lifetimes." She continues, "I hope that my passion for teaching transfers to my high school students and motivates them. Basically, I teach future teachers. The Early Childhood Program provides a hands-on approach to teaching, since we have 12 Early Childhood children attending our lab daily."

Fakhoury agrees that not a lot of people want to go into teaching, because the pay is so low, but she reasons that when high school students have a passion for teaching, they should teach. There are 180 high school students in the LWHS



Cindy Fakhoury

program who, under the Early Childhood CHOICE Program, take a four-year course of study consisting of Levels 1 through 4. "At first they learn theories of learning and child development," she says, "and when they are seniors they have actual hands-on teaching experience in our onsite learning lab."

Cindy shared, "I was an elementary teacher first. I started at LWHS as an English teacher, but I missed the young children. Then, an opportunity opened up; I was able to bring over my elementary teaching experience, and I got the best of both worlds." Cindy is certified in Florida to teach Pre-Kinder-garten through 3rd grade, Kinder-garten through 6th grade, grades 9 through 12 and high school English. She's a graduate of Florida State University. She's not from Palm Beach County, but from Florida's Gulf Coast – Sanibel Island.

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Award Nominee Matt Narcisse Demonstrates Leadership In Both School and in Life

By Lady Hereford

It's tough enough to excel academically in high school, and even tougher when you're also a veteran on the football team. But tough situations don't intimidate Lake Worth High School senior Matthew Narcisse.

A senior, Narcisse has earned a 3.9 HPA while playing on the Trojans football team all four years. He's also been involved with the wrestling and weightlifting teams, Air Force JROTC, the Drafting and Design Academy and the Interact Club, among other activities. During a recent summer, he was chosen to attend a Rotary Youth Leadership Camp.

Unlike many of his classmates, however, he has responsibilities that continue beyond the school day. He is a caregiver for his mother, who survived a debilitating stroke in 2012.

"One thing I've learned is how to sacrifice and how to manage my time," said Narcisse, who has four brothers and two sisters, plus an extended family in Haiti. His older brother, Sonny, is active with the Lake Worth High School Alumni Foundation.

He also has endured his own health challenges. As a child, he suffered a broken femur in a car accident. The injury affects his running ability even today. As an athlete, "I always push myself,"

he said.

Off the playing field, Narcisse aspires to be a civil engineer. "What civil engineers do is they help build communities," he said.

To achieve his goal, he's spent the past four years in the Johnson Scholars/Take Stock in Children program. This college readiness program, which includes the opportunity to meet regularly with a mentor, offers participants a chance to graduate with a two-year college scholarship.

His hard work and diligence have not gone unnoticed. Narcisse has been selected to be his school's nominee for Take Stock in Children's 2019 Leaders for Life Fellowship, an honor awarded to only a handful of students statewide.

The recipients of the fellowship receive all of their college expenses paid for four years. The 2019 fellows have not been announced.

One of his teachers wrote a letter on his behalf that reads, in part, "It is rare that I meet a student with the drive, resiliency and verbal abilities to self-advocate as Matthew Narcisse."

Narcisse knows how competitive, and how life-changing, the award can be. In 2017 one of his fellow Lake Worth JROTC cadets, Karla Menchu-Saban, was



chosen as a Leaders for Life Fellow. She is now attending Florida Atlantic University.

Just being nominated for the fellowship is an honor to Narcisse, who has already been accepted to two of the colleges to which he applied. "My life situations have empowered me," he said. "When I face adversity in the future, I will just persevere and stay faithful."

Success Story: A Word From LAUREN McCURDY Former Lake Worth High School DFS Scholarship Winner

I am a former Lake Worth High School student, Class of 2013. I was graciously awarded a \$1,000 Dollars for Scholars scholarship in May of 2013. I read this morning an article through Palm Beach Post on Dollars for Scholars awarding \$129,500 in scholarships and I am completely blown away! In the article, it also stated that Dollars for Scholars would like to track former recipients to see how they are doing and how the scholarships impacted them. I decided to reach out and give you all an update!

In May of 2015, I received my Associate of Arts degree and in May of 2017, I graduated from the University of West Florida with a Bachelor of Science in Health Promotion. On a quick whim decision in July 2017, I decided to pursue my masters degree. In August 2017, I started taking classes through the University of West Florida to begin my journey to getting a Master of Public Health degree. As my second semester has just come to a close, I look forward to finishing up my masters degree by next December. Along with starting my masters degree, I began

working for the Florida Department of Health in January.

"It takes a village to raise a child" has become a quote that I truly understood by the time I graduated with my bachelors degree, and Dollars for Scholars is part of that village. Without your generous help, and the knowledge that you all believed in me when I didn't believe in myself, I don't think I would be where I am today. After my first semester in Pensacola in 2013, I honestly wanted to quit, I was ready to throw in the towel. I came home for winter break in tears, afraid of the failure I thought I was becoming. My parents, both of which also graduated from Lake Worth High School (Amy McCurdy, formerly Sluth, and Michael McCurdy), went through several battles with me, reminding me that there were tons of people who believed in the person I am and who I would become. I returned to school in spring with a fresh mindset and experienced a complete turnaround.

All in all, thank you for being a part of my village. If you would like to meet up sometime, I would be more than happy to,

or if you have any further questions or comments, please feel free to reach out to me. Thank you again for your generosity and for believing in me.

My warmest regards,
Lauren McCurdy
*Florida Department of Health,
 University of West Florida,
 College of Health*

Alumni Advertising In The Alumni News

For a \$50.00 donation, any LWHS Alumni can have their business card published in this newsletter. You will reach over 10,000 fellow alumni, all of whom will know you share with them a common experience as a graduate of LWHS.

Send your \$50.00 donation and your business card to
LWHS Alumni Office
c/o Dave Cantley
1701 Lake Worth Road
Lake Worth, Florida 33460

The only requirements is:
 The individual's name on the business card is a graduate of LWHS (or a close family member.)

*Please note: Postal regulations prevent us from including advertising for travel, insurance or credit cards.



LWHS Class of '78 Reunion

By Fawn Mickley Orf

The Lake Worth High School Class of 1978 celebrated their 40 year Reunion the weekend of August 24-25, 2018 at the Wyndham Grand Resort at Harbor-side in Jupiter, Florida. Over 100 people attended each night.

Representatives from the Alumni Association were present on Friday night and recruited new members while the Trojan Sound Jazz Band provided the background music. Classmates enjoyed taking pictures inside a large, decorated photo frame and plenty of props were available. The “Did We Date?” tag seemed the most popular. A classmate trivia game, and many “Most and Least” recognitions were awarded with gift cards from both local and na-

tional businesses. A slide show of old and new pictures played throughout the evening to everyone’s enjoyment.

Saturday’s poolside event on the third level overlooked the Intracoastal Waterway and the weather and food were perfect. Activities included a word search with relevant terms and a contest to see who could be the first to rearrange the letters in “Lake Worth Trojans” and come up with 40 or more other words.

Saturday evening was spectacular. Centerpieces were globes of beach sand with shells and mini sized replicas of the yearbook and lit with flame less candles covered with pictures of the High School. If you had a Trojan condom taped under your chair at din-

ner, the centerpiece was yours to keep. The Class enjoyed a wonderful dinner and was surprised with the Performance Band of our Trojan Sound. Cell phones were all in video and camera mode. Tom Treanor (Class of 1977) dressed in full Trojan regalia and led the celebration with true Trojan Pride. The Class was honored with special guests Dave and Kay Cantley. Local band, Groove Therapy, provided the live dance music and we still have the moves.

Donations from Chafin Music Center, Guy Harvey, and the Class of 1978 enabled the Class to donate almost \$1,000.00 to the “Trojan Sound”. Classmates are eager to see what the next reunion has in store. Toga party?



Class of 78 Reunion pool side get together on Saturday afternoon.



Chris Perry, Class of 1969

Although he was in all advanced classes, Chris Perry wasn’t sure he wanted to go on further to college after graduation. He was in a one-parent family and had very little ambition—at the time. That would all change. He graduated with his class in 1969 and went right into the workforce at Western Electric, a branch of AT&T. After a year, he was transferred to Miami, living with a Lake Worth High School buddy who was attending Miami-Dade North Community College. While in Miami, Chris picked out a few required, summer classes at Miami Dade North, deciding to try it in addition to working at his job. He liked it, leaving the Miami college with a 4.0 grade point average.

Returning to Lake Worth to Palm Beach Junior College, he had a whole new attitude about furthering his education. Registering as a Science Major, Chris took a lot of science classes, doing well, and graduated with a 3.5 average. Next, he attended Florida Atlantic University, majoring in Microbiology and earning two degrees: a Bachelor of Science in Biology and a Bachelor of Arts in Chemistry. After graduating

from FAU, he entered a yearlong FAU course in Medical Technology. While taking the course, he interned at Boca Raton Community Hospital (now BR Regional Hospital) in Medical Technology working in the hospital lab. That job lasted 30 years. While there, he married his wife, Diane, who worked alongside him as a medical technologist for 26 years. At the end of 2007, he went to the Veterans’ Administration Medical Center in West Palm Beach. Chris is so glad he got to work there. “It was very fulfilling working with the veterans and helping them. I was proud of the job that we did there. I enjoyed seven years before I retired in 2014.” He has three children—Stacy, an administrator with the St. Lucie School District working with Guidance Programs; Michael, a Pharm D—Doctor of Pharmacy; and Dale, who works for a Salt Lake City company that places doctors in hospitals across the country.

When it comes to Lake Worth High School, Chris has fond memories of quite a few of his teachers: Bucky Folmer, his

Physics teacher; Dan Walker, his Biology teacher who influenced his entire career; “Mac” McKinnon, who taught him how to drive a car; Bill Abel, his Auto Shop teacher and Jack Markum, his football coach. Chris played running back, defensive end and offensive halfback for the Tro-



Chris Perry

jans. “All of those teachers really took an interest and helped me through some tough times. They inspired me, and I felt like they always had my back.” He is still good friends and keeps up with many of the guys in his graduating class. Robert Smith, who now lives in Wisconsin, and he have hiked almost 100 miles on the Appalachian Trail six different times; they plan to do more hiking in the future. He sees Mike Smollon, “Bo” Nye, Joe Smith, Steve Gilmore and Bob Labutka. He misses Doug Cook and Wendell Waggener, who are deceased. One of the things that Lake Worth High School helped him with was being able to make a truly diverse group of friends. Since he played football, he became acquainted with a lot of the

In Loving Memory

- Michael Andy • Class of 1961
- Linda Bayer • Class of 1966
- Sloan Robert Campbell • Class of 1956
- Kelly J. Cox • Class of 1982
- Richard W. Crowe • Class of 1953
- Frank Ebersold • Class of 1962
- John Freed • Class of 1950
- Maxine Hamilton • Class of 1940
- Hildred Mae Henry Sawyer Hamilton • Class of 1945
- Nona Childs Holt • Class of 1960
- John W. Kerttula • Class of 1964
- Chuck Kimberly • Class of 1949
- John Scott Lusk • Class of 1979
- Wendy Martinez • Class of 2001
- Franz Vardaman Rankin • Class of 1950
- James Riley • Class of 1952
- Bob Stuke • Class of 1952
- Aola Green Walden • Class of 1953
- John Zimmerman • Class of 1956

If anyone has information of a classmate by a legitimate source, please email that information to: hogfish123@aol.com.

athletes; in all advanced classes at LWHS, he got to know a lot of the kids who he says, “were smarter than I was,” and when he took Auto Shop, he made friends with a lot of the mechanical-minded students. He’s thankful that Lake Worth High School was, in his words...“A great place to go to school!”

...continued from page 4 ... *Cindy Fakhoury*

She met her husband at Florida State University; he's a math teacher at Lake Worth High School. They have four children—the oldest, 18, graduated from the Medical Program last year. They also have 15-year-old triplets. We are glad that Cindy Fakhoury is helping our LWSHS future teachers get a “leg up” in education.

Wilneeda Emmanuel: Alumni Has A Passion To Serve

For as long as I can remember, I've always believed that I had a responsibility and duty to be active in my community. Therefore, at a young age, I got involved and became the youth leader for San Castle Community Leadership, Inc. It was a very rewarding experience and only the beginning of the journey that I would embark on during my leadership experience.

Building on the same trajectory and passion to serve, I became aware of The Congressional Black Caucus Institute Education and Leadership Bootcamp. The program is an intense week long program that takes place in Piney Point, Maryland. Excitedly, I got accepted and participated in the program in June 2018.

The purpose of the program is to unite emerging leaders throughout the country and to provide extensive training by experts in their respective fields in order to provide the



Wilneeda Emmanuel

participants the necessary knowledge and resources in order to return to their respective communities and become civic participants and change their communities for the better.

I wholeheartedly enjoyed the program. The experience was so rewarding and challenged me to reach higher and to never give up in serving my community.

The most memorable part of the program was when we got to attend the Congressional Black Caucus Meeting and meet the leader prior to the commencement of their meeting. Also, the legendary John Lewis was present the meeting.

Fortunately, I have been blessed with many opportunities in my life. My matriculation at Lake Worth High School was one of those opportunities. While at Lake Worth High School I was enrolled in the Criminal Justice Academy and graduated in 2004.



Lake Worth High School 1951 Girl's Swimming Team

Top— Left to right: Carolyn Tisdale, Valerie Morganstern, Doris Anderson, Susie Blackledge, Totsie Lefler, Helen Pledger, Sara Goodell, Jenalee Cosby, Betty Ann Jones, Peggy Sobering, Claudina Cosby and Barb Couse.

Thank You Meredith Abrams

Meredith Abrams, class of '96, was a leader while in school and continues to make a difference in the contributions she is making to the Alumni Foundation and Dollars for Scholars.

Meredith was an honor student and a member of student council and the softball team. When I, as principal, assembled a team of students, teachers, alums and members of the community to speak at a school board meeting to lobby for remodeling and new construction of our aging facilities, Meredith was the star of the show. She proudly wore her “Fund Lake Worth High Building Project Now” tee shirt and spoke in a very mature, positive and convincing manner. There was no way the board could have



refused our plea. They not only approved funding for remodeling the north and south buildings and construction of Hamblin Hall but they also approved funding for projects for John I Leonard and Atlantic High Schools. When we dedicated Hamblin Hall I asked Meredith to participate in the ground breaking ceremony.

The Dollars for Scholars Golf Tournament has been one of our main fund raisers for seventeen years. Meredith came on the boards of DFS and The Alumni Foundation in 2016 and assumed the role of tournament director for the tournament in 2017. She doubled the profit of the previous year and then cleared over \$10,000 in 2018.

On behalf of both boards of directors I would like to thank Meredith for her service. She has made the decision to resign from both boards so she can dedicate more time to her duties as Pre-K Teacher at North Grade Elementary School and to further her own education.

Dave Cantley, President
Lake Worth Dollars for Scholars

Old Photos Wanted!

If you have any pictures from long ago when you were in school or your parents were in school, we would love to have copies! We would appreciate it, if you scan and email those photos to:

Hogfish123@aol.com. If you send copies, please mail to **Doris Dorsey • 650 Atlantis Estates Way • Atlantis, FL 33462.**

(Please don't send original photos as they can not be returned!) We are interested in all classes throughout the 2000's. Photos can be at the beach, casino, downtown Lake Worth, at grade school, high school...anywhere! It would be fun to have a couple in each issue of the Alumni News. If you know of an interesting story of an alumni, please notify us. Thanks, and hoping to receive many!

Visit Our Websites!

By Carol Webster

Thanks to Board Member Jessica Latour, the Lake Worth High School Alumni Foundation now has a Facebook page. Please “like us” so you can keep up to date with alumni and school news and events. <https://m.facebook.com/lakeworth-highschoolalumni>.

The Lake Worth Alumni Foundation is also going to periodically send e-mail blasts to share information with you in this format. So that our contact information is correct and up to date, please send (as soon as possible) your name, address, phone number and email address to Caryl Anderson. Her email address is: CarylAnderson@gmail.com. *We wouldn't want you to miss a thing!!!*

Lake Worth Dollars for Scholars also has a Facebook page, created by Board Member Meredith Abrams. Please “like it” too for updates on Dollars for Scholars information.

Also, take a look at the Lake Worth High School Alumni Foundation website. Keep up to date on the latest news, previous Lake Worth High School Alumni Newsletters, reunion news and contacts and more. If you are or could be your class contact, please send your name and contact information to alumnioffice@lwbsalumni.org so that we can put it on our website (www.LWHSAlumni.org).

Check Us Out on Facebook!



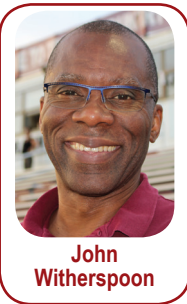
LWHS Alumni President Carol Webster presents a check for \$1200 from the LWHS Alumni Foundation to LWHS Principal Dr. Elvis Epps to support the Thanksgiving food drive for students at Lake Worth High School.



John Weatherspoon: Semifinalist for 2019 Music Educator Award

As you will see from the video, John Weatherspoon is a semifinalist for a Grammy Award for HS Music Educators. I brought John aboard 25 years ago and he has had award winning programs every year. We are all proud of him.

The band program has been revived. Tiffany Cox is a dynamo and has taken the band of 10 members two years ago to over 60 this year and I believe if she stays with us she will restore the program to the glory days of Joe Lusk. Select alums and retired faculty have made financial contributions to purchase new uniforms, instrument pur-



chase and repair, and travel, etc.

We now need to support John in a similar manner. The risers the kids stand on are worn out and if inspected would probably be condemned as a life safety threat. Both boys' and girls' uniforms are in disrepair and in need of replacement. Please make a donation and mail to John Weatherspoon at lake Worth HS 1701 Lake Worth Road 33460 Make the check to the school and put "Choral Music" on the memo line.

Thank you for consideration of this request

—Dave Cantley

<https://www.palmbeachschools.org/districtnews/2018/10/11/video-district-teacher-among-semifinalists-for-grammy-music-educator-award-2019/>

John Weatherspoon, a music teacher at Lake Worth Community High School, is one of 25 teachers selected as a semifinalist for the 2019 Music Educator Award by the Recording Academy and the Grammy Museum.

Chosen from more than 2,000 nominees, Weatherspoon is among a group of teachers being recognized for making a lasting impact on students and music education.

"I'd like to say just thank you for seeing the hard work that takes place...it's an honor," Weatherspoon said. He has taught at Lake Worth High for 25 years. His choirs have won awards at competitions, and performed in concert with the band, Foreigner.

The list of semifinalists is narrowed down to 10 finalists, and the winner is flown to New York to attend the 61st Annual Grammy Awards and a range of Grammy week events. The nine other finalists receive a \$1,000 honorarium, and the schools of all 10 finalists receive matching grants.

...continued from page 3 ...A Few Words From Jane

plaints and assistance. For a few years I was a branch chief and later retired at 56, as the first female civilian Deputy Inspector General of a major subordinate command of the US Army.

You might not get how my opening comments tie into my career. It's simple. I was able to pursue avenues of interest which ultimately allowed me to put a number of "firsts" in my small but reasonably satisfying history. The band taught me responsibility to others, as well as myself. In my various assignments my supervisors (almost always military) knew that I would show up. I learned that reliability could overlook some

of my shortcomings. With 33 and one half years of work time and 1 and one half years of sick leave I retired with 35 years of creditable service.

At the present time I volunteer with a group that provides free tax preparation and filing for almost anyone interested in our assistance. I have recently been nominated to serve a 6 year appointment (isn't that optimistic!) to serve on a behavioral health board that oversees mental health for two counties in northern Alabama. Whether the appointment happens or not, does not diminish the lessons I learned in those formative teenage years at LWHS.



Homecoming football game Lake Worth High School vs. John I Leonard High School.



5-Year Countdown to 2022: The Centennial of LWHS

To celebrate "The Centennial of Lake Worth Community High School" we have launched a 5-year Countdown to 2022—the 100th year of the school's existence, with a brick sale. **\$100 in honor of 100 Years.** Proceeds will support the mission of LWHS Alumni Foundation to provide grants and scholarships for the general benefit of the school and its students.

To Donate online: Log on to: lwhsalumni.org/site/. Go to the bottom of the page. Click on the Donate button in the middle of the page. Proceed with instructions to submit your donation. *Note:* Above USD amount, click in "100.00". Two lines under, click: *Add special instructions to seller:* "Centennial Celebration Contribution" \$100 for 100 Years-Brick Sale Fund-raiser.

For your contribution you will receive the size

paver pictured below and you may have it monogrammed as you like (within the guidelines noted below the sample paver pictured online). Ex: Name, Year of Graduation, etc. Purchased item is a 4 x 8 inch paver. 13 characters (including spaces) per line, with 3 lines maximum of text.

You are also welcome to fill out the Brick Order Form at the bottom of this page and mail it with your check to the Lake Worth Alumni Foundation. Instructions below. Thank you for your support!!!

**"\$100 in Honor of
100 Years!"**



Alumni Foundation Brick Order Form

The information must fit within 3 lines of 14 spaces each. (Please leave blank spaces between words.) Bricks are limited, so hurry and order yours today! You will receive verification of your order promptly. All orders are final. No cancellation or refunds will be accepted.

Contributor's Name: _____
Daytime Phone Number: _____
Address: _____
City: _____ State: _____ Zip: _____

Please Print Clearly Information in the Boxes Provided Below:

Number of bricks ordered: _____ (\$100.00 per brick) Check enclosed in the amount: \$ _____

Make checks payable to the **Lake Worth Alumni Foundation** and mail it along with this form to:
Lake Worth High School Alumni Foundation • Alumni Relations Office
1701 Lake Worth Road • Lake Worth, FL 33460

Visit us online at: www.lwhsalumni.org.



David D. Cantley

President’s Message

Board members, civic organizations, businesses, alums and concerned citizens continue to support Dollars for Scholars (DFS). Seventy students from the class of 2018 received a total of \$129,500 in scholarships. A total of \$1,130,500 (that is one million, one hundred thirty thousand, five hundred dollars) has been awarded since 1999. Recipients must demonstrate the ability to do college work and prove financial need. DFS Scholarships range from \$1,000 to \$5,000.

There are four ways you can donate to LWDFS.

- You can make a cash donation that will go directly into the scholarship “pot” and will be awarded to the upcoming class.
- You can start an endowment in your name or in the name of a loved one. When the amount reaches \$20k it will be endowed in perpetuity. The principal will never be spent. At the end of the school year when we award scholarships, fifty percent of the interest earned will go into the scholarship pot and the remaining 50 percent will be retained to help grow the principal.
- Remember us in your will! Make sure your attorney lists us as Lake Worth Dollars for Scholars and not “Dollars for Scholars.” We recently received our first donation from a will. Jean and Chuck Barus’ estate awarded us \$3,100.
- Our treasurer Mike Woods has introduced a new program

Dollars For Scholars Mission Statement

“The purpose of the chapter shall be to expand access to higher education for students of Lake Worth High School, Lake Worth, Florida by promoting (DFS) the Dollars For Scholars program, maintaining an operational structure, raising funds for student aid distribution, and distributing awards on a fair and nondiscriminatory basis. The chapter shall operate in a manner consistent with the policies and procedures of Scholarship America.”

Lake Worth Dollars for Scholars Foundation Balance Sheet			
As of September 30, 2018			
	Sep 30, 18	Aug 31, 18	\$ Change
ASSETS			
Current Assets			
Checking/Savings			
Grunow Checking	12,470.26	10,290.17	2,180.09
LWHS Checking	37,655.88	37,455.88	200.00
Total Checking/Savings	50,126.14	47,746.05	2,380.09
Total Current Assets	50,126.14	47,746.05	2,380.09
Other Assets			
Al Elam Scholarship Fund	25,808.00	26,516.00	-708.00
Barry Grunow Scholarship Fund	143,434.00	143,692.00	-258.00
Betty Milone Scholarship Fund	46,785.00	46,798.00	-13.00
Charles Brooks Scholarship Fund	23,327.00	23,611.00	-284.00
David Cantley Scholarship Fund	41,675.00	41,669.00	6.00
Dennis & Doris Dorsey Sch Fund	33,741.00	33,772.00	-31.00
E.R."Buddy" Goodell Sch Fund	29,084.00	29,719.00	-635.00
Eva Norberg Scholarship Fund	24,992.00	25,665.00	-673.00
Helen Bundy Scholarship Fund	25,045.00	25,884.00	-839.00
Jerry McCoy Scholarship Fund	8,981.00	9,289.00	-308.00
Karl Easton Scholarship Fund	37,044.00	37,052.00	-8.00
Kristen Stanley Scholarship Fun	44,621.00	44,617.00	4.00
Lake Worth Memorial Sch Fund	23,862.26	24,421.26	-559.00
LWHS Alumni Scholarship Fund	91,978.00	98,670.00	-6,692.00
Malcom Cain Sch Fund 655-020988	21,004.00	20,949.00	55.00
Margaret C Donnelley Fund	18,835.00	19,131.00	-296.00
Michael Fisher Scholarship Fund	29,639.00	29,545.00	94.00
Tommy & Helen Hansen Sch Fund	49,599.00	49,697.00	-98.00
Watson B. Duncan III Sch Fund	36,894.00	37,000.00	-106.00
Total Other Assets	756,348.26	767,697.26	-11,349.00
TOTAL ASSETS	806,474.40	815,443.31	-8,968.91
LIABILITIES & EQUITY	0.00	0.00	0.00

designed to allow donors to contribute cash that will allow the donor to designate a certain amount of money to LWDFS. This program will allow the donor to take a tax deduction and realize interest on the donation. When the donor dies the money will go to LWDFS. For more information call Mike at (561) 901-3489.

DFS is under the umbrella of The LWHS Alumni Foundation. The foundation pays all overhead costs of DFS, ensuring that every dollar donated to DFS goes to help a financially

needy student realize his or her dream of a college education.

Final numbers are not in on our two recent golf tournaments (DFS and The Barry Grunow Memorial) but It looks like we will have a net profit of \$17k to 18K. Meredith Abrams has successfully run the “regular” DFS tournament for the past two years, doubling the profit from last year’s tournament over the previous year. Sadly, Meredith has announced her resignation from both the DFS board and The Alumni Foundation board. We

appreciate her contributions and wish her well. Maryanne Hedrick continues to do an outstanding job running the Barry Grunow Memorial Golf Tournament. Mr. Grunow was murdered in his classroom at Lake Worth Middle School in 2000. Concerned citizens established a scholarship in his name to be awarded to a student aspiring to be a teacher.

The future for Dollars for Scholars looks bright and your donations will help ensure that it continues to grow.

As the old back home preacher

Lake Worth Dollars For Scholars Foundation Board

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David Cantley

Vice President
Paul Blockson

Secretary
Dr. Helen Gilmore

Treasurer
Mike Woods

Awards Co-Chair
Doris Welsh

Co-Chair
Paul Blockson

Nomination Chairs
Dennis & Doris Dorsey

Past President
Rock Tate

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used to say at the end of his weekly radio sermon, “Keep them cards and letters coming in, brothers and sisters. Better still make that a letter ’cause the Lord knows you can’t send money in a post card.” —Dave Cantley, DFS President

Remembering The Good Ol’ Days!

By Maggie Shamo Witherow, Class 1950

Unless your folks or grandparents told you how it was living in Lake Worth during the ’30s, ’40s, and ’50s, this will probably seem unbelievable.

My sister, Florence Shamo, graduated from Lake Worth High School in 1938 and worked for the Southern Bell telephone company on North K Street until her marriage in 1945. We were able to obtain a phone since she was employed by them. Our phone number was 133W and of course it was a party line with our neighbors, the Couse's. Can you imagine only having 133 phones in Lake Worth?

Of course my sister rode her bike to work. She could go like lightning on her Schwinn with the thin tires. (Don't know why they stopped making those. They were fast.) She worked a split shift, so that was 4 bike rides a day. 6 a.m. to 9 a.m. and 1 p.m.

to 6 p.m. or 9 a.m. to 1 p.m. and 5 p.m. to 9 p.m. I have no idea for the split shift or what happened after 9 PMp.m. It was in the day when the operator would say, “Number please. Thank you.” Then they connected you to your party.

No operator, no phone call. There probably weren't many calls after 9 p.m. anyway. The manager or owner, Ms. Horsman, lived next door. Maybe the calls were transferred to her home—if they did that sort of thing back then. Babe Ruth's (LWHS class of 1946) mother was also was an operator. Maybe he can tell you what happened after 9 p.m. and before 6 a.m. Everyone rode bikes during the war because you couldn't have lights of any kind showing. If enemy planes came they might see the lights and realize they were flying over land. At least that's

what my folks told me. We had blackout drapes at the windows and of course, no air conditioning. Boy was it hot in Aug! We did have an ocean breeze however, since there were no buildings to block it.

Tires and gas were needed for the war planes and boats. We were allowed very little gas, sugar, meat, lard (cooking oil) etc. per month, depending on the number in your family. Everyone carried their ration coupon books and red meat tokens in their purse or glove box. They were safe in your car glove box, just as safe as it was to leave the keys in the ignition of your car.

The class of 1950 only graduated 97, and there were two buildings at Lake Worth High School. South building was primarily for the 7th and 8th grades, (junior high) and north building for the high school. Band room was in

a separate small building behind the breezeway, which connected the two buildings. Cafeteria was in the basement of the high school building and the auditorium was on the first level of that same building. We had an assembly each week and the whole school fit into the auditorium (7th through 12th grades).

We walked to school or rode the city bus. I believe the Greenacres kids were the only ones riding the school bus. (You might

have to ask them for sure.) That was before TV or computers, so the whole high school and even the adults in the city of Lake Worth, turned out for the football games. You didn't want to miss a day of school as something was always happening. That's the way it is was back then.

This whole article may sound weird or strange to you, but for myself and anyone over the age of 70, those really were the good ol’ days!

Celebration of Life Held in Remembrance of Bob Stuke

Saturday, Oct 20th at the Palm Springs Pizza Restaurant, Bob Stuke Jr. hosted a Celebration of Life for his Dad, Bob Sr., LWHS Class 1952. Bob was a great cheerleader for LWHS and attended Cocoa Beach and Kissimmee Reunions. You would always see him with his guitar and many former classmates sitting all around him and singing along.

Approximately twenty-five to thirty people attended, shared pizza and drinks, and talked about Bob. Bob had suffered with ALS but managed a good fight. *Thank you Bob Jr. for this great get together in honor of your Dad!*

Visit us online at: www.lwhsalumni.org.